

# COMMUNITY RESOURCE GUIDE



*"Healthcare with a hometown touch"*

## BEHAVIORAL HEALTH SERVICES

### **Acoma Community Health Workers (CHR)**

505-552-5145 / 5122  
51 Pinsbaari Dr.  
P.O. Box 256 Acoma, NM 87034  
Mon. – Fri. 8:00 am – 4:30 pm  
Transportation for non-emergency medical appts.,  
home visits, medication delivery (no narcotics)

### **Acoma Behavioral Health Services (ABHS)**

505-552-5123  
45 Pinsbaari Dr.  
PO Box 328 Acoma, NM 87034  
Mon. – Fri. 8:00 am – 4:30 pm

### **Annessa Valdez Simpkins, LPCC Oak Tree Counseling & Wellness, LLC**

505-658-0052  
505-565-7712

### **Casa San Jose Behavioral Health**

505-285-5451 / 505-926-3957  
2595 W. Hwy. 66  
Grants, NM 87020

### **Cibola Family Health Center**

505-287-6500  
1423 E. Roosevelt  
Grants, NM 87020

### **Cibola General Hospital**

505-287-4446  
1016 E. Roosevelt  
Grants, NM 87020  
Provides 24-hour access to emergency services.  
Can assess, evaluate, and transfer as necessary.  
24/7 crisis care.

### **Cibola Specialty Associates**

505-287-6500  
1208 Bonita Ave.  
Grants, NM 87020

### **Full Circle Recovery**

505-865-4140 (office number / intake)

### **GD Psych Services LLC, Stacy Bond, LCSW**

505-218-6383 ext. 405  
200 B N. First St., Grants, NM 87020  
*GDPsychServices.com*  
*bond@gdpsychservices.com*

### **Grants Family Health Center (PMS)**

505-287-2958  
1217 Bonita Ave.  
Grants, NM 87020

### **Grants Family Counseling (PMS)**

505-876-1890  
1040 Sakelares Blvd.  
Grants, NM 87020

### **Hope Dealers – Narcotics Anonymous**

Meetings on Wednesdays at  
9:00 – 10:00 am and  
9:00 – 10:00 pm  
920 N. 1st St.  
Grants, NM 87020  
(Church of Christ)

### **Native Behavioral Health Services**

505-552-6661  
Acoma Behavioral Health  
45 Pinsbaari Dr.  
Pueblo of Acoma, NM 87034

### **Chinle Outpatient Treatment Center**

928-674-2589 / 2190  
East of Chinle Chevron Station, off of Navajo Rte.  
7 and BIA Rd. 102-1  
Bldg. #c012-118  
After hours and weekends: 928-551-0247

### **Crownpoint Outpatient Treatment Center**

505-786-2111 / 2127  
2314 Southwest Highland Dr.  
Crownpoint, NM 87313  
After hours and weekends: 928-551-0247

### **Dilkon Outpatient Treatment Center**

928-657-8000 / 8002  
P.O. Box 7072, Teesto CPU  
Winslow, AZ  
After hours and weekends: 928-551-0624

### **Gallup Indian Health Clinic**

505-722-1000 (Main clinic)  
505-722-1571 (Behavioral health)  
516 E. Nizhoni Blvd.  
Gallup, NM 87301

### **Gallup Outpatient Treatment Center**

505-772-9470 / 9394  
300 W. Nizhoni Blvd.  
Gallup, NM 87301

### **Laguna Behavioral Health**

505-552-6513  
7 San Jose Rd.  
Old Laguna, NM 87026

### **Milan Police Department YANA (You Are Not Alone)**

505-287-4491  
For Milan, NM residents, who are feeling  
lonely or depressed.

### **Native American Professional Parent Resources, Inc.**

505-345-6289  
2201 San Pederro N.E., Bldg. 3, Ste. 210  
Albuquerque, NM 87110

### **Open Skies Healthcare**

505-285-3672  
423 W. Santa Fe Ave.  
Grants, NM 87020

### **Pine Hill Health Center**

505-775-3271  
Indian Service Rte. 140 & Rte. 125  
Pine Hill, NM

### **Pueblo of Acoma Social Services (PASS)**

505-552-5162  
47 Pinsbaari Dr.  
PO Box 354 Acoma, NM 87034  
Mon. – Fri 8:00 am – 4:30 pm

### **RAC (Resource Assessment Center)**

**H2 Academic Solutions**  
222 Monroe St.  
Grants, NM  
(Mercy and Grace Church of God)  
Youth detention diversion program, pre-trial  
services, case management and more.  
*h2asarc3@gmail.com*

### **Rasmussen Counseling**

505-433-5860 (office number / intake)

### **Red Mesa Outpatient Treatment Center**

928-656-5135 / 505-368-1438  
At the northeastern corner of the junction of US  
Hwy. 160 and Navajo Rte. 35  
Teec Nos Pos, AZ 86514  
After hours and weekends: 928-551-0394

### **Robert and Richelle Windhorst**

505-876-7365  
Addiction recovery (faith-based 12-step program  
in conjunction with AA)  
Tuesdays at 6:00 pm  
LDS Church, 1010 Bondad Ave.  
Grants, NM

### **Shiprock Outpatient Treatment Center**

505-368-1429 / 505-368-1438  
P.O. Box 1830  
Located in Northern Navajo Medical Center  
Office, located west of the junction of U.S. Hwy.  
491 and Pinon Dr.  
Shiprock, NM 87420

### **Thoreau Family Health Center**

505-862-7417  
15 Navarre Blvd.  
Thoreau, NM 87323

### **Tohajiilee Canoncito Band of Navajo Health Center/ Behavioral Health**

505-908-2307  
129 Medicine Horse Dr.  
Tohajiilee, NM 87026

### **Tuba City Outpatient Treatment Center**

928-283-3346  
25 Main St.  
Tuba City, AZ 86045  
After hours: 928-551-0624

### **Winds of Change**

**Renee Wilkins**  
505-287-0766

### **Zion Ministries**

505-285-5063  
Faith-based 12-step program  
511 W. Hwy. 66  
Milan, NM

### **Zuni Services**

*Behavioral Health Services*  
505-782-7312  
301 N. 21 B Ave.  
*Recovery Services*  
505-782-4710  
101 D Ave.  
Zuni, NM 87327  
*Teen Program*  
505-782-5719  
Route 301 N. Bldg. #20  
*Social Services*  
505-782-7166  
1203B State Hwy. 53  
P.O. Box 339

## DENTAL

### **A to Z Children's Dentistry**

505-285-9833 / 505-285-3443  
1209 Bonita St., Ste. A  
Grants, NM 87020

### **Haltom Orthodontics**

505-285-9833  
1209 Bonita St., Ste. B  
Grants, NM 87020

**Sundance Dental Care of Grants**

505-972-3000  
920 Lobo Canyon Rd., Ste. 6  
Grants, NM 87020

**COMMUNITY CENTERS****Acoma Department of Education (ADOE)**

505-552-6077  
43 Pinsbaari Dr.  
P.O. Box 307 Acoma, NM 87034  
Mon. – Fri. 8:00 am – 4:30 pm  
mleno@poamail.org (Executive Director)  
<https://acomadoe.org>

**Acoma Keres Language Program**

505-552-6077 ext. 5194  
49 Pinsbaari Dr.  
P.O. Box 307, Acoma, NM 87034  
Mon. – Fri. 8:00 am – 4:30 pm  
[soyenque@poamail.org](mailto:soyenque@poamail.org)

**Acoma Learning Center (Library)**

505-552-5160  
17A Knots Landing  
P.O. Box 410 Acoma, NM 87034  
Mon. – Thurs 10:00 am – 8:30 pm  
Fri. 9:00 am – 5:30 pm  
[alc@poamail.org](mailto:alc@poamail.org)

**Acoma Parks & Recreation**

505-552-5140 or 505-235-6904  
25 Pinsbaari Dr.  
P.O. Box 328 Acoma, NM 87034  
Office: Mon. – Fri. 8:00 am – 4:30 pm  
Fitness Center: Mon. – Thurs. 7:00 am – 8:00 pm  
Fri. 8:00 am – 4:30 pm  
Sat. 8:00 am – 12 noon

**Acoma Senior Center**

505-552-5175  
70 Pinsbaari Dr.  
P.O. Box 475 Acoma, NM 87034  
Mon. – Fri 8:00 am – 4:30 pm

**Baca Chapter for the Navajo**

505-972-9917  
22 B Pillow Crest Rd.  
Prewit, NM 87045

**Cibola Senior Center**

505-285-3922  
550 Jurassic Ct.  
Grants, NM 87020

**FACE Family & Child Education Program**

505-934-2144  
44 Pinsbaari Dr.  
P.O. Box 307, Acoma, NM 87034  
Mon. – Fri. 8:00 am – 4:30 pm  
[ljudd@kaakuca.org](mailto:ljudd@kaakuca.org)

**Grants Recreation Center**

505-285-3542  
551 Washington Ave.  
Office hours: Mon. – Fri. 8:00 am – 4:30 pm  
Daytime summer program hours:  
Mon. – Fri. 9:00 am – 2:00 pm  
After-school program hours: Mon. – Fri.  
2:45 pm – 5:30 pm  
Open gym: Tue. – Thurs. 8:00 am – 2:00pm and  
5:30 pm – 7:30 pm  
Fitness room: Mon. – Fri 8:00 am – 7:30 pm with a  
\$25 annual membership fee

**Haak'u Learning Center**

505-552-6959  
15 Turtle Shell Rd.  
P.O. Box 428 Acoma, NM 87034  
Mon. – Fri. 8:00 am – 4:30 pm

**Laguna Acoma Connections**

505-552-9322 ext. 2003  
505-239-0827  
49 Pinsbaari Dr.  
11 Rodeo Dr., Bldg. A, Laguna, NM 87026  
Mon. and Wed. 8:30 am – 4:00 pm

**Milan Villages Recreation Department**

505-287-2200  
505-287-8202  
405 Airport Rd., Milan, NM  
Youth basketball (kindergarten to 8th grade)  
T-ball (ages 4 – 5)  
Swimming Pool  
Mon. – Fri. 5:30 am – 6:00 pm  
Sat. 7:00 am – 12:00 pm

**Outreach Center – Immanuel Baptist Church**

505-287-8510  
518 Valencia Ave.  
Milan, NM

**Paguate Community Center**

505-552-9875  
60 Paguate Day School Rd.  
Paguate, NM 87038

**Thoreau Community Center**

505-862-7590  
19 Paradise Ln.  
Thoreau, NM 87323

**WIA Program**

505-552-6077  
49 Pinsbaari Drive  
P.O. Box 307 Acoma, NM 87034  
Mon. – Fri. 8:00 am – 4:30 pm  
[dlorenzo@poamail.org](mailto:dlorenzo@poamail.org)

**EMPLOYMENT AGENCIES****CCS Staffing**

505-287-8911  
Job opportunities for skilled trades  
1003 N. 1st St.  
Grants, NM 87020

**FOOD PROGRAMS****Acoma Food Distribution**

505-552-5107  
53 Pinsbaari Dr.  
P.O. Box 449 Acoma, NM 87034  
Mon. – Fri 8:00 am – 4:30 pm  
Closed Sat – Sun

**Food Stamp Office**

900 Mt. Taylor Ave.  
Grants, NM 87020  
505-287-8836  
Press 1 for medical; food, cash, or energy  
assistance; Press 2 for child support; Press 3 for  
mental health or substance use; Press 4 for fraud;  
Press 5 for media or EDD

**Grants Church of Christ**

505-287-3831  
920 N. 1st St.  
Grants, NM

**Grants Community Pantry**

505-287-5090  
222 Stephens Ave.

Grants, NM 87020

Tues. – Thurs. 9:30 am – 2:30 pm  
Registration: Tues. – Thurs. 10 am – 2 pm  
Commodity box: monthly  
Produce program: weekly  
Homeless sack lunch: daily  
Emergency food program, one-time traveler's box  
Bring verification documents: ID, income  
and residency

**Midwest NM CAP**

505-287-4470  
1150 Elm Dr.  
Grants, NM 87020  
Office hours: Mon. – Thurs. 8 am – 4 pm  
Bring verification documents: ID, income, SSN  
and residency

**St. Theresa's Catholic Church**

500 E. High St.  
Grants, NM 87020  
505-285-6645  
Mon. – Thurs. 9:00 am – 12:00 pm and  
1:15 pm – 4:00 pm

**HOME HEALTH/HOSPICE****Amazing Grace**

505-863-5898  
1613 S. 2nd St.  
Gallup, NM 87301

**Basin**

505-287-3855 or 877-884-4080  
2846 91 N. 1st St.  
Grants, NM 87020

**Circle of Life Home Care**

*Gallup, NM*  
505-722-0160  
919 Metro Ave., #1  
Gallup, NM 87301

**Circle of Life Home Care**

*Shiprock, NM*  
505-870-5985  
S.W. U.S. 491, Ste. 15  
Shiprock, NM 87420

**Compassus**

505-332-0847  
7770 Jefferson St. NE, Ste. 110  
Albuquerque, NM 87109

**El Mirador Home Care**

505-271-2280  
10801 Lomas Blvd. NE #115  
Albuquerque, NM 87112

**Genesis**

505-238-6865  
306 E. Nizhoni Blvd.  
Gallup, NM 87301

**Good Samaritan Society**

505-287-8867  
840 Lobo Canyon Rd.  
Grants, NM 87020

**Klarus Home Care**

505-717-1624  
6743 Academy Rd. NE, Ste. B  
Albuquerque, NM 87109

**New Hope Home Health**

505-488-0115  
1020 W. Maloney Ave., Ste. C  
Gallup, NM 87301

**Silver Lining**

505-285-3445  
110-B E. Santa Fe Ave.  
Grants, NM 87020

**South West Home Care**

505-287-9211  
920 E. Santa Fe Ave.  
Grants, NM 87020

**Zuni Home Health**

505-782-5544  
52 Rte. 301 N.  
Zuni, NM 87327

**HOME VISITING PROGRAMS****CHI St. Joseph's Children**

1516 Fifth St. NW, Albuquerque, NM 87020  
[www.stjosephnm.org](http://www.stjosephnm.org)

**San Fidel Office**

505-552-1023  
26 School Rd., San Fidel, NM 87049

**Albuquerque Office**

505-924-8000  
1516 5th St. NW, Albuquerque, NM 87102

**La Vida Felicidad**

505-287-5118  
833 Roosevelt Ave., Grants, NM 87020

**Presbyterian Medical Services****Cibola Home Visiting**

505-469-8459  
551 Washington Ave.  
Grants, NM 87020  
[pmsnm.org/locations/cibola-county-homevisiting-program](http://pmsnm.org/locations/cibola-county-homevisiting-program)

**Tribal Home Visiting Program**

505-345-6289  
Native families only

**First Born Program of Northwest New Mexico**

Los Alamos: 505-661-4810  
McKinley County: 240-695-2431  
Mora County: 505-454-1343  
San Juan County: 505-860-4021  
Socorro County: 575-835-8791  
Santa Fe County: 505-428-1344  
190 Central Park Square, Ste. 113  
Los Alamos, NM 87544  
[NWNMFirstBorn.org](http://NWNMFirstBorn.org)  
[firstbornprogram.org](http://firstbornprogram.org)

**Gallup-McKinley County Schools**

505-721-1000  
640 Boardman Dr.  
Gallup, NM 87301  
<https://gmcs.org/parents-students/early-childhood-education/>

**Laguna Pueblo Department of Education**

505-552-6008  
11 Rodeo Dr., Bldg. A  
Laguna, NM 87026  
[lagunaed.net](http://lagunaed.net)

**San Juan Home Visiting Program (PMS)**

505-443-4308  
608 Reilly Ave.  
Farmington, NM 87401  
[pmsnm.org/locations/san-juan-county-home-visiting-program](http://pmsnm.org/locations/san-juan-county-home-visiting-program)

**LOW-INCOME HOUSING****Casa Del Malpais**

505-287-5492  
820 Lobo Canyon Rd.  
Grants, NM 87020

**Grants Apartments**

505-287-4973  
1703 Cordova Ct.  
Grants, NM 87020  
*Subsidized*

**Lobo Canyon Village**

505-287-7422  
1801 Cordova Cr.  
Grants, NM 87020  
*Subsidized*

**Northern Regional Housing Authority**

505-285-6359  
508 E. Santa Fe Ave.  
Grants, NM 87020  
*Section 8 and Public Housing*

**Sunray Lobo Canyon**

1017 Lobo Canyon Rd.  
Grants, NM 87020  
505-287-4104

**LOCAL & STATE AGENCIES****ACOMA HEALTH & HUMAN SERVICES DIVISION (HHSD)**

505-552-5163  
47 Pinsbaari Dr.  
P.O. Box 328 Acoma, NM 87034  
Mon. – Fri. 8:00 am – 4:30 pm  
[Tmeehan@poamail.org](mailto:Tmeehan@poamail.org) (Executive Director)

**ACOMA PUBLIC SAFETY**

505-552-6602 Office use only  
505-552-6601 Emergency  
74 Pinsbaari Dr.  
P.O. Box 327, Acoma, NM 87034 – Fire/EMS  
P.O. Box 468, Acoma, NM 87034 – LES  
Mon. – Fri 8:00 am – 4:30 pm FIRE/EMS  
LES Open 24-7

**Acoma Tribal Courts**

505-552-5120  
74 Pinsbaari Dr.  
Mon. – Fri 8:00 am – 4:30 pm

**Indian Health Services:****Acoma-Conancito-Laguna Indian Health Center**

General information: 505-552-5300  
Appointments: 505-552-5358  
Patient-referred care: 505-552-5343  
Prescriptions: 505-552-5800  
Compliments / complaints: 505-552-5303

**Gallup Indian Medical Center**

505-722-1000  
Counseling: 505-722-1571  
Dental: 505-722-1560  
Eye care: 505-722-1330  
Mental health: 505-722-1571  
Social service: 505-726-5849  
516 E. Nizhoni Blvd., Gallup, NM 87301

**Tohatchi Health Care Center**

Switchboard: 505-733-8100  
Appointments: 505-733-8150  
Outpatient: 505-733-8150  
07 Choos Gai Dr., Tohatchi, NM 87325

**Crown Point Health Care Facility**

505-786-5291  
Alcohol and substance help: 505-786-6232  
MH / New Horizon: 505-786-6232  
Junction Rd. 371 Rt. 9  
Crownpoint, NM 87313

**Medicare**

General information: 1-800-633-4227

**Social Security Administration**

General information: 1-800-772-1213

**Veterans Affairs**

Benefits information: 1-800-827-1000  
VA Health Care Gallup: 505-722-7234  
VA Health Care Alb.: 1-800-827-1000  
VA Insurance Center: 1-800-669-8477

**Interior Dept. of Indian Affairs**

Navajo Region: 505-863-8314  
Human Services: 505-863-8215

**Police**

Gallup: 505-863-9365  
Grants: 505-287-2984  
Milan: 505-285-3466  
Pine Hill: 856-783-1549  
Ramah: 505-775-3223

**Courts**

505-287-8831  
Cibola County Courthouse  
700 E. Roosevelt Ave.  
Grants, NM 87020

**Cibola DWI Compliance Program**

505-285-2594  
700 E. Roosevelt Ave., Suite 40  
Grants, NM 87020

**Adult Parole and Probation**

505-506-7828  
700 Roosevelt Ave., Suite 70  
Grants, NM 87020

**Juvenile Probation**

505-287-3148  
Fax: 505-287-4071  
1019 E. Roosevelt Ave., #B  
Grants, NM 87020

**Western NM Corrections**

505-876-8300  
2111 Lobo Canyon Rd.  
Grants, NM 87020

**Children, Youth and Families**

505-285-6673  
1019 E. Roosevelt Ave.  
Grants, NM 87020

**Public Health**

505-285-4601  
WIC: Press 2  
Clinic: Press 3  
Nurse Manager: Press 4  
Immunizations: Press 5  
Harm Reduction: Press 6  
700 E. Roosevelt Ave.  
Grants, NM 87020

**Animal Control**

505-285-4012  
722 Sakelaes Blvd.  
Grants, NM 87020

**Cibola County Sheriff**

505-876-2040  
114 McBride Rd.  
Grants, NM 87020  
Hours of clerical staff:  
Mon. – Fri. 8 am – 5 pm

**Housing Authority**

505-285-6359  
508 E. Santa Fe Ave.  
Grants, NM 87020  
*Section 8 and Public Housing*

**Continental Divide**

505-285-6656  
200 E. High St.  
Grants, NM 87020  
Mon. – Fri. 8:30 am – 4:30 pm

**Grants Fire and Rescue**

505-876-2245  
620 W. High St.  
Grants, NM 87020  
Mon. – Fri. 8:00 am – 4:30 pm

**Low-Income Home Energy**

To apply, ask for a LIHEAP application from your local Human Resources facility.  
Grants: 505-287-8836  
Laguna: 505-552-6654  
Navajo Nation: 505-722-8415  
Zuni Pueblo: 505-782-7086

**NM Community Action Program**

505-287-4470  
246 Mountain Rd.  
Grants, NM 87020

**Gallup Head Start Program**

505-772-7428  
310 Maloney Ave.  
Gallup, NM 87301

**PHARMACIES****Laguna Pharmacy**

505-431-0750  
6 Basswood Rd.  
Paraje, NM

**Parkhurst Pharmacy**

505-287-4641  
1208 Bonita Ave. #A  
Grants, NM  
Mon. – Fri. 9:00 am – 12:30 pm  
and 1:30 – 6:00 pm  
Sat. 9:00 am – 12:00 pm

**Walgreens Pharmacy**

505-658-3107  
1509 E. Santa Fe Ave.  
Grants, NM 87020  
Mon. – Sat. 10:00 am – 1:30 pm  
and 2:00 – 6:00 pm  
Sat. and Sun. Closed

**Walmart Pharmacy**

505-285-3378  
1000 Robert Rd.  
Grants, NM  
Mon. – Fri. 9:00 am – 1:30 pm, 2:00 – 7:00 pm  
Sat. 9:00 am – 1:30 pm, 2:00 – 7:00 pm  
Sun. 10:00 am – 1:30 pm, 2:00 – 6:00 pm

**SUBSTANCE ABUSE/ADDICTION****Cibola Substance Abuse Prevention Coalition**

505-240-2621  
1101 Georgianna Ave.  
Grants, NM 87021  
Coordinator: Lori Vigil  
Substance abuse training, educational information, NARCAN® training, suicide prevention

**Four Corners Clinic**

505-722-2923  
1500 S. Second St.  
Gallup, NM

*Dr. Laughter.*

Mon., Wed., Thurs. 7:00 am – 12:00 pm,  
1:00 – 5:00 pm

*Suboxone Clinic*

Suboxone Groups  
Mon. 9:00 am – 10:00 am  
Wed. 4:00 pm – 5:00 pm

**NCI of Gallup**

505-722-9282  
2205 Boyd Ave.  
Gallup, NM  
Mon. – Fri. 8:00 am – 4:00 pm  
Accepts walk-ins

**Turquoise Lodge**

505-841-8978  
5400 Gibson Blvd. SE.  
Albuquerque, NM 87108  
Mon. – Fri. 8:00 am – 5:00 pm  
Phone intakes

**TRANSPORTATION****Rockin 66 Express**

505-290-2469  
407 Airport Rd.  
Milan, NM 87021  
[villageofmilan.com/departments/transit/index.php](http://villageofmilan.com/departments/transit/index.php)

**Transportation Dept.**

505-285-3200  
1919 Pinon Dr.  
Milan, NM 87021

**Cibola Area Transit System**

Bus Station  
505-287-9816  
205 Airport Rd.  
Milan, NM 87021

**Mesa Transportation Inc.**

505-287-4940  
1570 Hwy. 66 and McBride Rd.  
Grants, NM 87020

**Greyhound Bus Station**

800-231-2222  
1601 E. Santa Fe Rd.  
Grants, NM 87020

**Amtrak**

1-800-872-7245  
201 E. Historic Rte. 66  
Gallup, NM 87301

**Rail Runner**

809 Copper Ave. NW  
Albuquerque, NM 87102  
Mon. – Fri. 5:00 am – 10:30 pm  
Sat. 7:30 am – 11:30 pm  
Sun. 7:00 am – 10:00 pm  
[riometro.org/174/Downtown-Albuquerque](http://riometro.org/174/Downtown-Albuquerque)

**VETERAN FAMILIES SUPPORT****Goodwill NM Program Locations:**

Mon. – Sat. 9:00 am – 7:00 pm  
Sun. 10:00 am – 6:00 pm

*Albuquerque Area*

505-881-6612  
5000 San Mateo Blvd. NE  
Albuquerque, NM 87109

*Clovis Area*

575-762-7995  
Curry, De Baca, Guadalupe  
2005 N. Prince St.  
Clovis, NM 88101

*Farmington Area*

505-326-6203  
1861 N. Hutton Rd.  
Farmington, NM 87402

*Gallup Area*

505-863-9217  
1820 E. Hwy. 66  
Gallup, NM 87301

*Roswell Area*

575-622-5500  
2601 N. Main St.  
Roswell, NM 88201

*Santa Fe Area*

505-424-9726  
3060 Cerrillos Rd.  
Santa Fe, NM 87507

*Bernalillo Area*

505-404-2277  
1021 Venada Plaza Dr.  
Bernalillo, NM 87004

## HOTLINE NUMBERS

### ABUSE

National Sexual Assault Hotline:  
1-800-656-HOPE (4673)  
Stop It Now: 1-888-PREVENT  
United States Elder Abuse:  
1-866-363-4276  
National Child Abuse: 1-800-4-A-CHILD  
(422-4453)  
Child Abuse Hotline (Dept. of Social  
Services): 1-800-342-3720  
Missing Children Help Center:  
1-800-843-5678  
National Human Trafficking:  
1-888-373-7888  
Crisis Text Line: Text "HELLO" to 741741  
National Teen Dating Violence:  
1-866-331-9474  
Adult Protective Services: 1-866-654-3219

### ADDICTION

Marijuana Anonymous: 1-800-766-6779  
Alcohol Treatment Referral:  
1-800-252-6465  
Families Anonymous: 1-800-736-9805  
Cocaine Hotline: 1-800-262-2463  
Drug Abuse Hotline: 1-800-662-4357  
Sex Addiction: 1-800-477-8191  
Shoplifters: 1-800-848-9595  
Gambling: 1-800-522-4700

### CANCER

American Cancer Society: 1-800-227-2345  
National Cancer Institute: 1-800-422-6237

### CRISIS FOR TEENS

Girls and Boys Town: 1-800-448-3000  
Hearing Impaired: 1-800-448-1833  
Youth Crisis Hotline: 1-800-448-4663  
Teen Hope Line: 1-800-394-HOPE

### DOMESTIC VIOLENCE

National Domestic Violence:  
1-800-799-SAFE  
National Domestic Violence (Spanish):  
1-800-942-6908  
Elder Abuse: 1-800-252-8966  
RAINN: 1-800-656-HOPE  
Family Violence Prevention Center:  
1-800-313-1310

### LGBTQIA

Helpline: 1-800-398-GAYS  
Gay and Lesbian Hotline: 1-888-843-4564  
Trevor Hotline (Suicide):  
1-866-4-U-TREVOR

### RUNAWAYS

Boys Town National Hotline:  
1-800-448-3000  
National Runaway Safeline:  
1-800-RUNAWAY (786-2929)  
Laural House: 1-714-832-0207  
National Runaway Switchboard:  
1-800-621-4000  
Teenline: 1-888-747-TEEN  
Youth Crisis Hotline: 1-800-448-4663

### SELF INJURY

S.A.F.E (Self Abuse Finally Ends):  
1-800-DON'T-CUT

### SUICIDE

NAMI: 1-800-950-NAMI  
Veterans Suicide Prevention:  
1-800-272-8255

### Battered Families Services

505-722-7483  
207 S. Strong Dr.  
Gallup, NM 87301  
Domestic violence and sexual assault shelter  
and counseling

### Family Outreach

SCI line: 1-855-333-SAFE [7233]  
Reach line: 505-591-9444  
Referrals for housing needs, school  
attendance, food insecurities, homeless  
prevention, and or transportation.  
Case management and advocacy for up to  
three months.

### Adapt Health

DME – Humana  
1-800-955-3440  
1-844-325-0482

### Radiant Home Health

Medicaid / Medicare  
MCO – Home PT  
1-505-722-9951, Fax: 1-505-722-9952  
1210 E. Historic Hwy. 66,  
Gallup. NM 87301

### NOVAII

Safe Haven  
2915 W. Historic Hwy. 66  
Chaco Convention Center at east side of the  
Howard Johnson's Hotel  
1-505-297-3967  
Gallup, NM 87301

### Honor Guardianship Services

Treatment Guardianship  
505-967-9809  
6820 4th St., Suite B  
Albuquerque, NM 87107

### NM Legal Aid

505-243-7871  
Statewide Assistance  
505 Marquette Ave. NW.  
Albuquerque, NM 87102

### Pueblo of Zuni – New Beginnings

505-782-4600 / 505-782-4919  
P.O. Box 339  
Zuni, NM 87327  
Temporary shelter, legal advocacy,  
visitation services

### Roberta's Place

505-287-7200  
505-287-7724 (crisis hotline)  
807 Roosevelt Ave.  
Grants, NM 87020  
Free services: Call or walk in  
for appointments

CYFD-approved DVOTI program  
[oshayj@robertas.org](mailto:oshayj@robertas.org)

### Synergy Behavioral Health Center

505-862-9992  
211 W. Mesa #4  
Gallup, NM  
BH, MH, Addictions  
Tue. – Thurs. 10:00 am – 6:00 pm  
[synergycentergallup.com](http://synergycentergallup.com)

### Darrin's Place – Espanola

505-372-4511  
Intakes:  
Mon. – Fri. 8:00 am – 5:00 pm  
807 Calle Chamisal

### Four Winds – Rio Rancho

505-702-8547  
Intakes:  
Mon. – Fri. 8:00 am – 4:00 pm  
In-person intakes  
4100 Barbara Loop SE

### Hoy Recovery – Espanola

505-852-2580  
Intakes:  
Mon. – Fri. 8:00 am – 5:00 pm  
Phone intakes

### NA'NIZHOZHI Center – Gallup

505-722-9282  
Phone intakes

### NCI of Gallup

505-722-9282  
Intakes:  
Mon. – Fri. 8:00 am – 4:00 pm  
Accepts walk-ins

### NM Treatment Service – Santa Fe

505-982-2129  
Intakes: Call to schedule a time  
1264 Rodeo Rd.

### Santa Fe Recovery – Albuquerque

505-471-4985  
Intakes: In person  
NM residents only

### Turning Point Recovery – ABQ

505-217-1717  
Intakes:  
Mon. – Fri. 8:00 am – 6:00 pm  
Phone intakes  
9201 Montgomery Blvd. NE., Ste. V

### Turquoise Lodge – Albuquerque

505-841-8978  
Intakes: In person  
NM residents only

### New Mexico Wellness – Rio Rancho

505-737-1858  
Intakes:  
Mon. – Fri. 24/7  
Phone intakes  
4210 Meadowlark Ln. SE

## CIBOLA SERVICES

### Emergency Department

The Emergency department is open 24 hours a day, 365 days a year, and is staffed at all times by experienced physicians and nurses.

### Nursing

The Nursing department at Cibola General Hospital is dedicated to providing the highest level of nursing care possible within the overall mission of the hospital. A skilled and dedicated nursing team is proud to staff:

- An Intensive Care Unit (ICU) that includes four well-equipped private patient rooms.
- Skilled Nursing for the Medical/Surgical Unit and Swing Beds, which are tailored for patients requiring additional care before transitioning back to their homes.
- Respite Hospice Care to ensure compassionate and supportive care during challenging times.

At Cibola General Hospital, our nurses strongly support ongoing education and professional growth, and firmly believe that their commitment to patient care results in improved outcomes and better overall patient health.

### Nursing Outpatient Procedures

Must have an order from your doctor or provider for the following:

- IV infusions (antibiotics, venofer (iron), other medications)
- Blood transfusions
- Central line dressing changes
- Intramuscular injections (antibiotics)

### Labor and Delivery

505-287-5323

The arrival of a new baby is an exciting moment, and Cibola General Hospital provides our patients with a family-centered birthing experience. We offer:

### Prenatal Benefits:

- Three family-friendly birthing rooms
- 2D/3D/4D ultrasound images of your baby
- Fetal monitoring system for safety of mom and baby
- 24/7 CRNA anesthesia coverage
- Childbirth education classes

- Delivery unit tours; call today to schedule a tour

### Delivery Benefits:

- Complimentary meal for mom and a guest
- Mother and baby after-care all in one room
- Routine newborn screenings
- Safer NM Certified Car Seat technicians on site
- Contraceptives available after birth
- Baby's first photo and footprints

If concerns arise during pregnancy, our highly trained physicians are able to handle complexities such as twin deliveries, pre-eclampsia, gestational diabetes, advanced maternal age, external version (breech baby), and cesarean section.

### Cardiopulmonary

505-287-5270

Respiratory inpatient services are provided 24 hours per day, seven days per week, by licensed Respiratory Therapists. Our dedicated staff specializes in acute cardiopulmonary care, offering life support services tailored to patients of all ages. In addition, we offer noninvasive diagnostic testing, including, but not limited to:

- Pulmonary function tests (PFTs)
- Electrocardiograms (EKGs)
- Holter monitoring
- Home sleep studies (adults and children 13+)
- Patient educational services
- Cardiac stress tests
- Overnight home oxygen testing
- Brain wave testing

### Miners' Testing

Our Respiratory Therapists provide testing for uranium miner compensation claims and work with the U.S. Department of Labor guidelines to ensure complete, accurate, and fair testing.

### Lab/Pathology

505-287-5290

The Cibola General Hospital Clinical Laboratory is available 24 hours per day, seven days per week, bringing high-quality testing to all patients in the community and surrounding areas. Requests for lab tests are accepted from all ordering providers.

Our laboratory is accredited by the College of American Pathologists (CAP) and the Joint Commission as an Accreditation of Health Care Organizations approved facility. Some of the services performed in our laboratory include:

- Specimen collection, handling, processing and analysis of blood and other body fluids
- Routine lab work done as part of a physical checkup or annual exam
- Special lab tests ordered for diagnosis of acute or chronic illnesses
- Blood bank and transfusion services, in emergencies, surgeries, and other situations

Our outpatient services offer convenient walk-in testing; therefore, please bring a paper requisition/order or have your provider's office fax it to registration at 505-287-5268. Please call our direct line for any questions you may have regarding our services.

### Rehabilitation Services

505-287-5352

Physical therapy helps people improve their strength and ability to move and function. Our licensed therapists provide hands-on, one-on-one physical therapy sessions for patients with a wide range of diagnoses, upon the order of their doctor or other medical provider. What we treat:

- Neck and back pain
- Knee, shoulder, and hip injuries
- Foot and ankle pain/disorders
- Hand, wrist, and elbow injuries/syndromes
- Acute sports injuries
- Degenerative joint disease/arthritis
- Chronic pain/tendonitis
- Neurological disorders
- Balance and gait dysfunction

### What we specialize in:

- Strength and endurance
- Blood flow restriction training
- Post-operative therapy
- Return-to-sport training
- Sports therapy
- Workers' compensation injuries
- Fall prevention
- Manual therapy

### Surgical Services

Surgical Services at Cibola General Hospital offer three surgical suites, which allow for general surgeries, OB/GYN, dental, and endoscopy procedures, providing hometown convenience for our community members with a variety of surgeries.

### General Surgery

- Abdominal surgeries including appendix, gallbladder, bowels, stomach, and other organs
- Neck and breast surgeries, such as biopsies of neck and breast masses, and thyroid surgery
- Skin surgery that includes wound care, removal of skin lesions, and drainage of abscesses, burn care, skin grafts, and vasectomies

### Gynecological Surgery

- Caesarean sections
- Procedures and surgery to diagnose and treat gynecological problems
- Tubal ligation

### Orthopedic Surgery

- Diagnose and stabilize (cast) appropriate fractures, including broken bones of the arms and legs
- Repair of hip fractures
- Examination of joints with arthroscopy
- Joint replacement
- Injections into joints for pain control
- Sports injuries
- Carpel tunnel and trigger finger treatments

### Radiology

505-287-5250

Cibola General Hospital offers its patients a full selection of cutting-edge radiology services to provide you and your loved ones with accurate and efficient diagnosis of diseases in their earliest stages. Our skilled professionals employ the latest technology to complete the studies ordered by the practitioners, some of which include:

- Echocardiograms
- Bone density
- Stress echocardiograms
- 2D and 3D mammography
- Lung cancer screenings
- X-rays
- CT scans
- Ultrasound
- MRI (prostate and breast)

**Cibola Family Health Center**

1423 E. Roosevelt, Grants, NM  
Phone: 505-287-6500

**Family Medicine/OB**

Stacey Dimitt, MD  
Lilian Ameh, MD, MPH

**Family Medicine**

Fazal Khan, MD

**OB/GYN**

Analisa Villarreal, MD, FACOG  
Nicole Pinkerton, MD  
Victoria Garcia, MD

**General Surgery**

Snow Marika Petersen, MD, MPH  
Walter MacFarland Bridges, MD  
Rachael Clark, MD  
Noelle Baroody, PA-C, DOM

**Advanced Practice Professionals**

Megan Greteman, PA-C  
Francis Malaj, PA-C  
Dorcas Yates, CFNP

**Cibola Specialty Associates**

1208 Bonita Ave., Grants, NM  
Phone: 505-287-6500

**Orthopedics**

James Ninomiya, MD, MS  
Peter Bergquist, DO  
Beau Shelton, PA-C

**Behavioral Health**

Maggie Edmiston, DNP, PMHNP  
Michele McCallion-Christner, APRN, PMHNP  
Elise Larson, LCSW

**Cibola General Hospital**

1016 E. Roosevelt Ave.  
Grants, NM 87020  
Phone: 505-287-4446

**Wound Care**

Dorcas Yates, CFNP

**Cardiology**

Michael Gurule, MD  
Loutsios Ierides, MD  
Roderick Woods, MD  
Michael Carpenter, PA-C

**Podiatry**

Foot & Ankle Specialist of NM  
Cibola Specialty Associates  
Phone: 505-271-9900

**Anesthesiology**

Sean Covey, CRNA  
Vanessa Yardley, CRNA

**Grants Family Health Center (PMS)**

1217 Bonita Ave., Grants, NM  
Phone: 505-287-2958

**Family Medicine**

Patricia Rocha, MD

**Advanced Practice Professionals**

Jonathon LaValley, PA-C  
Sherry Polen, MSN-FNP

**Dentists**

Ashlee Aragon, DMD, MPH, MS  
Zarah Ahmed, DDS  
David Greene, DDS  
A to Z Children's Dentistry  
Phone: 505-285-3443  
[www.atozgrants.com/](http://www.atozgrants.com/)

Darren Haltom, DDS, MS  
Tucker Haltom, DDS, MS  
Kaitlyn Darcy, DDS, MS

Haltom Orthodontics  
Phone: 505-287-9833  
<https://www.haltomorthodontics.com/>

John Morris, DDS, DHSC  
Michael King, DMD  
Bruce Shaheen, DDS  
Jason Robinson, DDS  
Sundance Dental Care  
Phone: 505-972-3000

Jeffery R. Mattila, DDS  
Southwest Dental  
Phone: 505-287-2000

**Gallup Community Health**

2111 College Dr., Gallup, NM  
Phone: 505-397-5172  
[gallupcommunityhealth.org](http://gallupcommunityhealth.org)

**Family Medicine**

Val Wangler, MD  
Neil Jackson, MD  
Marcie Richmond, MD  
Michelle DeArmond, NP  
Sarah Llanque-White, NP  
Caleb Lauber, MD  
Caitlynn Barney, NP  
Erica Marquez, NP  
Shawnadine Becenti, NP

**Internal Medicine**

Gerry Robertson, MD

**Pediatrics**

Mary Poel, MD  
Janet Greenholz, MD

**Obstetrics and Gynecology**

Hannah Palm, MD  
Joelle Leacock, Nurse Midwife



*"Healthcare with a hometown touch"*

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Contact [cynthia\\_tena@cibolahospital.com](mailto:cynthia_tena@cibolahospital.com) for updates and more.